

CHUNG MU

The given name of Admiral Yi Sun-Sin of the Yi Dynasty who invented the first armored battleship in 1592 A.D. The left hand punch ending the pattern symbolizes his death in battle before he had a chance to show his complete loyalty to the King.

1. Left back stance double knife hand block.
2. Right forward stance inverted knife hand strike.
3. Turn right 180 degrees double knife hand block.
4. Left forward stance left spear hand thrust.
5. Turn left 90 degrees, double knife hand block.
6. Right foot to left, cup and saucer, look over right shoulder (south), right leg side kick.
7. Look north, left back stance, double knife hand block.
8. Flying jump side kick KIA, land right back stance double knife hand block.
9. 270 degree turn with left foot, into a back stance down block.
10. Left forward stance, head smash.
11. 180 degree turn with left foot, left forward stance, right ridge hand strike.
12. Right back round house kick.
13. Spinning left side kick, land in a right back stance double knife hand block facing east.
14. Back left round house kick, land feet together facing south.
15. Right back stance, double stick block.
16. 360 degree right double knife hand block landing in back stance.
17. Left forward stance, low spear hand thrust.
18. Left back stance, double right high back fist – left low down block.
19. Right forward stance, spear hand thrust.
20. Left foot moves 270 degrees, facing west, left reinforcement block.
21. Right foot moves into a horse stance facing south, right inside forearm block.
22. Chamber, right back fist strike.
23. Look over left shoulder (east), right foot back side kick.
24. Left foot back side kick, land in right back stance facing west, double cross block.
25. Left forward stance, double inverted knife hand strikes (also called double palm strike).
26. Right foot moves 180 degrees facing east, right forward stance, right high riser block, left punch KIA.